

# USAG Ansbach Outdoor Recreation Warrior Adventure Quest - Paintball (Re-Ball)

Available: Mon - Friday\* Minimum Personnel: 20 Maximum Personnel: 40

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## Full Day

**0845 - 0900:** All Soldiers ready to participate in activity  
**0900 - 0915:** Introduction and WAQ Activity Briefing  
**0915 - 0930:** Equipment hand out and safety briefing  
**0930 - 1200:** Paintball/Reball  
**1200 - 1300:** Lunch  
**1300 - 1500:** Paintball/Reball  
**1500 - 1530:** L-LAAD Debriefing and WAQ post-survey  
**1530:** Released

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## Half Day - Morning

**0845 - 0900:** Have all Soldiers ready to participate at the paintball field  
**0900 - 0915:** Introduction and WAQ Activity Briefing  
**0915 - 0930:** Equipment hand out and safety briefing  
**0930 - 1130:** Paintball/Reball  
**1130 - 1200:** L-LAAD Debriefing and WAQ post-survey  
**1230:** Released

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## Half Day - Afternoon

**1245 - 1300:** Have all Soldiers ready to participate at the paintball field  
**1300 - 1315:** Introduction and WAQ Activity Briefing  
**1315 - 1330:** Equipment hand out and safety briefing  
**1330 - 1530:** Paintball/Reball  
**1500 - 1530:** L-LAAD Debriefing and WAQ post-survey  
**1530:** Released

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## Checklist:

- Paintballs are water based and therefore should wash out of all clothing
- ACU's are fine to wear but not required
- Long pants and long sleeves recommended
- Shoes with traction (no open toes or flip-flops)
- Layer your clothing (temperatures will vary throughout the day)
- Change of clothes is recommended upon completion
- For summer months bug spray is recommended

## Water:

- Water is not available at the facility
- Please bring water bottles or canteens
- If you reserve a full day WAQ Session, a packed lunch will be provided at no cost

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\*Prior reservation is required

Please feel free to contact Outdoor Recreation at 314-467-3225/3354

