



IMCOM-EUROPE ARMY TEN MILER VIRTUAL QUALIFIER RACES 28 JUNE 2025



E-mail registration forms to: ansbachfmwrsportsandfitness@army.mil



RUN START: 8 a.m.

All active-duty personnel wishing to qualify for the IMCOM-E/USAREUR-AF team **must validate they started no earlier than 7 a.m. and no later than 9 a.m.**

The top six male and female active-duty Army qualifiers will represent USAREUR-AF at the Army 10 Miler in Washington, D.C. **Minimum qualifying times for men 69:59 and for women 84:59.**

ELIGIBILITY:

U.S. Air Force, Navy or Marines whose duty station is within the garrison they represent and who are not participating in their respective forces organized program are authorized to participate as members of NATO Forces assigned to U. S. Army units in the Europe Region.

REGISTRATION:

Will be determined by local sports director.



IMCOM-E/USAREUR-AF TEAM POC:

Community Recreation, G9
IMCOM Directorate-Europe
DSN: 544.9547, CIV: +49 (0)6111.43.544.9547



**IMCOM Europe
Army Ten Miler Virtual Qualifier
USAG Ansbach Registration Form
28 June 2025**

Reg #:



**Registration is free and
open to all Active Duty
personnel assigned to
USAG Ansbach**

Name: _____
Last First Rank

Unit: _____

E-mail: _____ **Cell #** _____

**Registration forms must be submitted to the Katterbach or Bunch Fitness
Center NLT COB on Thursday, 26 June 2025**

Which tracking app will you use? Strava Garmin Connect Other: _____
Must be approved NLT 26 June

What is your fastest Ten Mile run time? _____ When did that run take place? _____
Time or 10-Mile run not timed Month & Year

I have read and understand the qualifying criteria stated in the Administrative and Operational Procedures for conducting IMCOM Europe Army Ten Miler Virtual Qualifier Races. _____

I understand that it must be confirmed that my run must begin not earlier than 0700 and not later than 0900 (local time) on Saturday, 28 June 2025. _____

I understand that my run must be tracked in Miles and not Kilometers. _____

I understand that my race result must be submitted in person to the Katterbach or Bunch Fitness Center NLT Noon (local time) on Saturday, 28 June 2025. I also understand that if my run time is under 69:59 for Men or 84:59 for Women, I may be asked to return for further verification. _____

Signature: _____ **Date:** _____
(Participant)

Start Time: _____ Finish Time: _____ Run Time: _____ Time Result Submitted: _____

Location Submitted: _____ Staff: _____ Staff Signature: _____
Katterbach / Storck Last Name

ADMINISTRATIVE & OPERATIONAL PROCEDURES FOR CONDUCTING IMCOM EUROPE ARMY TEN MILER VIRTUAL QUALIFIER RACES

(as of 29 JAN 2025)

1. REFERENCES:

- a. AR 215-1, 24 September 2010, Non-appropriated Fund Instrumentalities and, Morale, Welfare and Recreation Activities.
- b. Army in Europe (AE) Regulation 215-1-8, Conducting Europe Region Sports and League Championships, dated 17 June 2019.
- c. DA PAM 385-10, 23 May 08, Army Safety Program

2. WHAT:

2025 IMCOM-Europe Army Ten Miler Virtual Qualifier Races

3. WHEN:

3 May 2025 and 28 June 2025

4. WHERE:

IMCOM-Europe garrison/community near you.

5. ENTRIES:

Each garrison is authorized an unlimited number of individual competitors.

6. CATEGORIES/DIVISIONS:

There will be no individual awards given for this race

7. ELIGIBILITY:

- a. U.S. Army, Air Force, Navy or Marines whose duty station is within the garrison they represent and who are not participating in their respective forces organized program are authorized to participate as members of NATO Forces assigned to U. S. Army units in the Europe Region.

8. REGISTRATION:

Will be determined by local sports director.

9. START TIME:

0800. All active-duty personnel wishing to qualify for the IMCOM-E/USAREUR-AF team must validate they started no earlier than 0700 and no later than 0900.

10. GARRISON RESPONSIBILITY:

The participant results must be submitted to the IMCOM-Europe Sports Office (aaron.k.jones.naf@army.mil) within three working days following the conclusion of the event. At a minimum, garrison reps must verify screenshot information to include: name, time started, distance ran in miles (kilometers will not be accepted), time ran and average rate of speed for the competitor.

11. QUALIFYING CRITERIA:

All runners are highly encouraged use one of the following apps to track their run time/distance: Strava or Garmin Connect. Any other apps used may require an additional timed run to verify runner's capability to perform at the level they have submitted. IE: Runner may be asked to run a timed 5k or other distance by the sports director in order to verify ability. Only Men's times of 70 minutes or faster and women's times of 85 minutes or faster will be reported to the IMCOM-Europe Sports Office. Runners must submit their results to their local garrison sports POC NLT 1200 hours on the day of the event to be considered for the team. Those runners who are within the time constraints will fill out a personal data form. That form will be sent to the team POC by the garrison sports office.

12. CONUS QUALIFIER MANDATORY MTG:

The top six male and female active-duty Army qualifiers will be identified after time submissions have been given to IMCOM-E Sports Office. Qualifying times will be determined after both virtual races have been completed. A mandatory teleconference for the IMCOM-E/USAREUR-AF 10 Miler Team qualifiers will be scheduled following the 28 June virtual qualifier. This meeting will discuss preliminary plans for the Army 10 Miler to be held in Washington D.C. on 12 October 2025. Qualifiers must meet minimum qualifying times, for men that is 69:59 and for women it is 84:59.

13. MEDICAL SUPPORT:

There will be no medical support requirement for the garrisons. Individual participants must be prepared for the physical nature of running 10 miles and will be individually responsible for their own health.

14. IMCOM-E/USAREUR-AF TEAM POC:

Aaron K. Jones, Program Analyst, IMCOM-Europe, DSN: 544-9547, CELL: 0172-5364823, EMAIL: aaron.k.jones.naf@army.mil

15. HOST SITE COORDINATOR:

Local garrison/community sports director.

//original signed//
Steven L. Pelletier
Chief, Business and Recreation
IMCOM Europe G9

- This registration form is for the Ansbach Military Community only.
- This is a VIRTUAL run. There are no designated start/finish points.
- Runners must verify (via Garmin or Strava app tracking) that their run began between 0700-0900, local time in Ansbach.
- Any other app used must be approved NLT the registration deadline which is Thursday, 26 June.
- Runners are responsible for the safety of their entire route.
- The run must be tracked in miles and not kilometers.
- Run times must be reported IN PERSON to the Katterbach or Bunch Fitness Center NLT Noon on Saturday, 28 June.